

BERKNER HIGH SCHOOL RAM ORCHESTRAS  
Breckenridge, Colorado  
**March 31-April 4, 2016**  
**INFORMATION PACKET**

While on the trip, you may contact us at

The Village Condos, 535 S Park Ave, Breckenridge, CO 80424(970) 453-5192

Enclosed you will find a general outline of our trip to Breckenridge. If you need any additional information, contact Mr. Needham at school, 469.593.7028 or [craig.needham@risd.org](mailto:craig.needham@risd.org). The orchestra will be chaperoned at all times during the trip. Student security while on the trip is a major concern of the chaperones. Adults attending the trip are:

Mr. Needham

Mrs. Needham

Mr. Henry Hall, BHS Principal

Mr. Paul Granados

Mrs. Barb Granados

Mr. Pratt

Mrs. Thornton

Mr. Bruce MacNeil

In case of **sudden illness or accident**, medical attention will be promptly obtained and parents will be immediately notified. Only a licensed NURSE or DOCTOR will administer treatment. Treatment will first be sought at the Medical Clinic at the base of Breckenridge. Information from the Medical Release form will be used for treatment. If payment is required by the Clinic or Hospital, parents will be notified and required to provide payment at the time of service. You can then file with your insurance after we return home. As a part of the cost of the trip, students are also provided with supplemental insurance and you also have the option of filing with the supplemental company following our return.

Suggestions for clothing and packing are in this packet. Please help us keep luggage to a minimum. Take only what you know you will wear. Luggage is limited to one suitcase, 1 carry-on bag, one personal item (backpack or purse) and your instrument.

**Prescription Medications:** Please make sure that all meds are in the original bottle with the label attached. If you would like for chaperones to keep the meds and help the students administer them, please request this in writing. Please make sure that all current meds are on the medical release form.

Students who do not act in accordance with the regulations as stated for this trip will be subject to disciplinary action on the school level and sent home immediately. Any decisions necessary along these lines will be made by the orchestra director and school administration. If a student is sent home, he or she will bear the transportation cost and no refund for monies paid for the trip will be given. We plan to have a GREAT time and to conduct ourselves in a manner that will reflect well on our home, school, and community.

# Breckenridge Itinerary

## Thursday, March 31

- 7:15 p.m. Arrive at BHS, drop off luggage by your bus (do not get on), and go hang out in the orchestra room. Cello/Bass take your instruments to get loaded on the bus.
- 8:00 p.m. Depart for Breckenridge!!!

## Friday, April 1

- Morning Breakfast in Colorado Springs, Colorado (IHOP, \$7-\$10). We should arrive around 8- 9 a.m. local time. After Breakfast, we load the buses and head for Breckenridge! We are on Mountain Time now! Set you watches back one hour. ALL remaining times are local/Mountain time.
- Afternoon Arrival in Breckenridge! We will eat lunch, grocery shop (\$), do our ski fitting, and check into the Condos. You will need to cook your own meal for dinner after we return from the performances.
- 2:00 p.m. Ski fitting
- 4:00 p.m. Load the bus for our performances! Wear your uniform; bring your instrument and music!
- Performances are at Summit Middle School:***  
***5:30 p.m. – Combined Orchestra (5:00 warm-up)***  
***6:30 p.m. – Symphony Orchestra (6:00 warm-up)***
- 7:30 pm Depart for Grocery shopping
- 10:00 pm In your rooms. Chaperones will be coming around to do room meetings. Do not leave your rooms after this point.
- 11:00 pm Lights out! You have a big day of skiing and fun ahead, so get some sleep!

## Saturday, April 2

- 6:30 a.m. Rise and Shine! Check the weather and eat a good breakfast!
- 8:00 a.m. Those taking lessons, meet in the Gazebo with the Fire pit to go to ski lessons. Bring ALL your ski equipment! Lessons will last 3-4 hours for skiers, all day for snowboarders.
- 8:30 am-4 pm Ski lifts open!
- 4:30 p.m. Check-in with your chaperone
- 5:00 p.m. Dinner on your own. Time to relax!
- 6:00 p.m. Awards Ceremony and Dance at the Village Condos!
- 7:00-9:00 p.m. Dance!
- 10:00 p.m. In your rooms! Chaperone Meetings
- 12:00 a.m. Lights out!

## Sunday, April 3

- 9:00 am      **Check-out of your Condo** in the morning before skiing and take all luggage to the Forest room. You may not return to your room after check-out. Chaperones will assist with check-out and you may not go skiing until you have been cleared by your chaperone. This information will be updated as we get closer to the trip.
- 9-4 p.m      Hit the slopes! Lifts open
- 4:00 pm**      ***Return all ski equipment by 4:00 p.m. to the Maggie Building*** (same place you received it). You may relax in the Forest room throughout the day and use the Fitness Center showers to clean up.
- 5:30 pm**      ***Take your luggage to your bus.***
- 6:00 p.m.      Dinner in groups at one of the restaurants close to the Village.
- 8:00 p.m.      Load the buses and head home!

## Monday, April 4

Morning      Meal in Wichita Falls (\$8-10)

Early Afternoon      Home Sweet Home!



# Breckenridge Information

## **Condo Amenities** –

Each Condo has wifi, tv/DVD player, clock radio, and kitchens. Kitchens are fully equipped and include blender, coffee maker, dishwasher, refrigerator, microwave, ice maker, and oven. The Village at Breckenridge has an indoor/outdoor pool, outdoor hot tubs, and a fitness center. Each room has a queen bed and a queen pullout couch.

**Food** – Students will be responsible for all of their meals on this trip. When we arrive in Breckenridge, will make a trip to the grocery store where students can purchase food. Students also have the option of eating out at various local restaurants that are within walking distance of the condos or on the mountain during the day. Food at any of the restaurants on the mountain will be expensive. Since the condos are located at the base of the mountain, students can easily come back to the room for lunch on ski days if they choose. On our travel days, we will stop in Colorado Springs to eat as a group on the way up and at Wichita Falls on the way back.

## **Meal Planning:**

Eating Out - \$50-65 recommended

Friday – breakfast and lunch

Sunday – Lunch and Dinner

Monday – Brunch

Cooking - \$30 recommended

Friday - dinner

Saturday – Breakfast, lunch, and dinner

Sunday – Breakfast

Recommendations: I recommend that students bring a minimum of \$30 for groceries and another \$50-65 for meal money for our travel days. Eating at restaurants or on the mountain will be more expensive.

## **SUGGESTIONS FOR MEALS**

1. Kitchens are fully equipped with utensils, pots, pans, silverware, dishes, etc.
2. To save money, take salt and pepper, sugar, flour and other staples that you can put in a suitcase.
3. We will stop at a supermarket for shopping. Get with your roommates, plan your meals and make your lists.

**Shopping/Restaurants** – Within walking distance of our condos, there are shopping opportunities and restaurants (including a Starbucks). Don't expect anything to be cheap! For those that ski and for those that don't, most students will want to spend some time walking around the shopping areas of the town of Breckenridge. BYOM (Bring Your Own Money)

**What to wear** – Even though it is early April, it will still get plenty cold in the mountains! Temperatures have been ranging from the mid-teens at night to the upper 40's during the day. For those that ski/snowboard, the important thing is to stay dry and comfortable. The start of a day could be cloudy, cold, and windy, and then by lunch the sun could appear and the temperature can rise to 50. Also factor in that you are doing a strenuous physical activity that will heat up your body. I have skied in shorts on one day and in arctic gear the next! We will have a weather report for you each morning. When choosing ski clothes you will need to consider the following:

- Plan to dress in thin layers such as thermals, long sleeve cotton shirts (turtle necks are great!) and sweat shirts. Avoid heavy sweaters and non-breathing fabrics. With layers, if you start to get hot, you can shed some clothes. Getting over heated is as bad as getting cold!
- Protect your extremities –eyes, head, ears, hands, skin, and feet. Water proof gloves, wool socks, bill-less hats, goggles or sun-glasses are all a necessity. Even on cloudy days, the sun light reflects off of the snow and if you don't apply sunscreen, you will get burned! Ever see someone coming back from a ski trip looking like a raccoon?
- Finally, after you have put on all of your layers, you will need a water proof exterior shell. Most people have coats that work well, but don't forget about your lower body. Remember, many people spend as much time on their back-side in the snow when skiing as they do on their skis! If you wear jeans, buy and apply Scotch Guard. This is the cheapest way to go!

If you stay dry and comfortable, you will have a great skiing experience.

***Do not forget about your concert attire!***

**For those that don't ski** - You will receive a cash refund of \$60 for not using the equipment or lift tickets. There are several activities for those that do not ski. The Village resort has an indoor/outdoor pool, hot tub, and health club. There are plenty of shopping and exploring opportunities. There is also a DJ dance that will take place on Saturday evening.

**Lift tickets** – Lift tickets are **VERY** important. You will receive your lift ticket for both days of skiing on Saturday morning. Attach the lift ticket to your clothing with the provided plastic tie. This lift ticket is to be used for both days of skiing so do NOT lose this ticket. If you will permanently attach the ticket to an item of clothing you will use for both days, you won't lose the ticket. If you are not skiing, you will receive a refund of \$30 for each day. Once the ticket has been activated, you cannot get a refund, even if you don't ski the next day.

**Altitude sickness/Injuries** – Altitude sickness is real and can affect anyone – including highly athletic people. We will be at altitudes ranging anywhere from 9000-12,000 feet and most everyone will feel some sort of change. Those highly susceptible to altitude sickness are those that are fatigued, dehydrated, and over-exerted. When we leave Colorado Springs after lunch, we will be climbing approximately 5000 feet in elevation and you will need to make sure that you have had plenty of water! Once we are in Breckenridge, take it easy and go to bed early the first night.

If injuries or sickness do occur, Breckenridge has medical facilities that will be able to deal with them. Chaperones will be stationed at the infirmary at the base of the mountain.

**Luggage** – Students will be allowed to bring one suitcase, one hanging bag, a personal item (purse, backpack, etc.) and their instrument. If students have their own ski equipment, they will be allowed to bring that as well. Space is at a premium, so if you can share a hanging bag, please do so.

# Breckenridge 2016

## *Conduct Guidelines*

1. Follow instructions carefully – both written and verbal. Listen to announcements, write down important information.
2. The chaperones are here to aid, assist and if necessary, discipline you. Treat them with respect, obedience and courtesy. Any action to the contrary will be dealt with in a serious manner.
3. Equipment/Luggage:  
**Each student is in charge of his/her own luggage and equipment.** Everyone helps with the loading and unloading under the supervision of the Student Officers.

Help them by:

1. Staying out of the way until equipment is out from under the bus.
2. Pick up only your luggage/equipment when you arrive and leave the condo.
4. Identification: All luggage, instruments, and uniform bags must be identified with the student's name.

Medications: Please make sure that all meds are in the original bottle with the label attached. If you would like for chaperones to keep the meds and help the students administer them, please request this in writing. Please make sure that all current meds are on the medical release form.

5. Conduct: The same rules that apply for the school also apply for this trip. We represent the school, the community, music department and each family. **Violation of any school rule or BHS Orchestra rule will result in the loss of privileges on the trip. Severe infractions will result in the student's parent being called and notified that the student is being sent home at their expense.** The following are specific rules to be followed:

1. Be certain that you understand the itinerary and follow it at all times. Late arrival for bus departure could result in confinement to room or a chaperone designated area.
2. The chaperones are here to aid, assist and if necessary, discipline you. Treat them with respect, obedience, and courtesy. Any action to the contrary will be dealt with in a serious manner.
3. When the bus makes a stop, do not get off of the bus until instructed.
4. Stay with the group whenever we leave the condos.
5. Do NOT take the shuttle buses at Breckenridge without permission from a director.
6. Nightly room check times are noted on the itinerary. **Do not leave your room for any reason after this time.** "Lights out" is also noted. Secure night locks before going to sleep.
7. **There will be other guests in the condo. The noise level must be at a minimum.**
8. Always board your own bus and be seated for roll check. Do not change buses. There is a "headphones only" policy on the bus.
9. **Boys and Girls may NOT visit each other's rooms.**
10. Any damage to rooms or property will be paid for by the person or persons involved.

11. Do not leave money or valuables in rooms or put it in a safe hiding place.
12. Smoking is not allowed on the trip.
13. Refrain from “overt-public-display-of-affection.”
14. Drinking or possession of any alcoholic beverage or illegal drug will constitute a most severe breach of discipline. The maximum penalty will result, and you will immediately be sent home.
15. Anyone out of their room after curfew for ANY reason will not participate in the next day’s fun activities. Think before you decide to give up fun activities with your friends. **You most likely will get sent home for this offense!!!**
16. The director reserves the right to inspect the student’s rooms and luggage without warning if he deems it necessary, and may charge the chaperones to assist.
17. No visitors will be allowed that are not a part of our group. Do not associate with people that are not a part of our group. No visits to relatives etc. will be allowed unless the director has given permission prior to departure.
18. Always use the buddy system! Stay with another member of our group at all times.
19. Use the pay phone, calling card or cell phone for long distance calls. Students must pay any room phone charges before checkout.

In real life, people are many times “Guilty by Association” – While on this trip, you are under the direct supervision of the Directors and designated chaperones. ALL INFRACTIONS OF RULES WILL BE REPORTED DIRECTLY TO MR.NEEDHAM, as the school representative. If you are aware of narcotics, alcohol, etc. and do not report it, those in the room shared with the guilty person risk being sent home also. Do not place yourself in a position to conceal or endorse illegal activity. All such activities hurt everyone, including your families back home. Don’t ruin the trip for others or yourself.

I hope that you perform well, represent BHS and your family in an outstanding manner, and have a great time on our trip!

Thanks,

Mr. Needham, Mrs. Thornton, and Mr. Pratt

# Breckenridge Agreement

## **RETURN THIS FORM BEFORE LEAVING ON THE TRIP**

WE HAVE READ THE RULES AND REGULATIONS PERTAINING TO THIS TRIP.

WE ALSO UNDERSTAND THAT ALL SCHOOL RULES & REGULATIONS WILL BE IN EFFECT THROUGHOUT  
THE ENTIRE TRIP,

WE ALSO UNDERSTAND THAT FAILURE TO ABIDE BY THESE RULES MAY RESULT IN A STUDENT BEING  
SENT HOME AT THE EXPENSE OF HIS/HER PARENTS.

\_\_\_\_\_ PRINT STUDENT NAME

\_\_\_\_\_ STUDENT SIGNATURE

\_\_\_\_\_ PARENT SIGNATURE